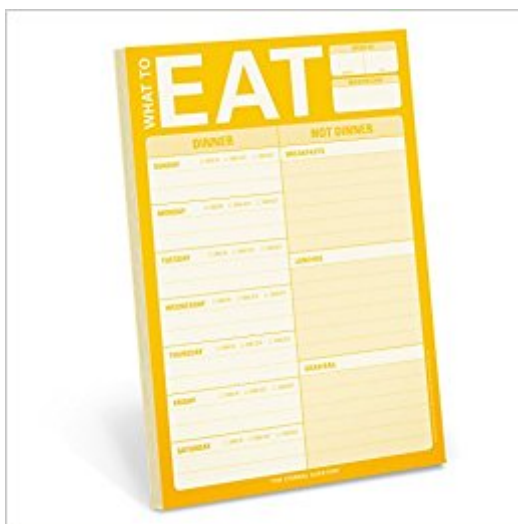


The book was found

# Knock Knock What To Eat Pad (Yellow)



## Synopsis

With the hectic pace of the modern world, it's hard to plan, track, and execute household meals. Keep it simple by harkening back to the bygone era of home-economics: if you schedule the food you eat, you'll always know what's for dinner. A necessary aid for busy households Adds stylish utility to the refrigerator door 6 x 9 inches, 60 sheets; magnet on back Knock Knock is an independent maker of clever gifts, books, and whatever else we can think up. Our mission is to bring humor, creativity, and smarts to everyday life. Say something more with #knockknockstuff.

## Book Information

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ISBN-13: 978-1601061539

Product Dimensions: 0.5 x 6 x 9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 247 customer reviews

Best Sellers Rank: #4,703 in Books (See Top 100 in Books) #4 in Books > Cookbooks, Food & Wine > Cooking Methods > Large Quantities #8 in Books > Cookbooks, Food & Wine > Cooking Methods > Cooking for One or Two #13 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Food Counters

## Customer Reviews

What's for Dinner? Busy households agree: these helpful meal planning pads add stylish utility to your refrigerator door.

Track Meals with Style Plan, track, and execute weekly meals with Knock Knock's What to Eat Pad. (Bonus: it won't judge your candy-for-dinner habit).

Make a list. Make many lists. Make lists of lists you want to make. Say Something More We are Knock Knock, independent makers of clever gifts, books, and whatever else we can think up. Our mission is to bring humor, creativity, and smarts to everyday life. Say something more with Knock Knock stuff. Knock Knock Classic Pads If you enjoy making lists—and really, who doesn't?—our many-splendored selection of Knock Knock Classic Pads will have you

feeling like a kid in a candy store. Perfect for the organized and the disorganized alike! Never forget the milk again Perfect for business and pleasure 6 x 9 inches, 60 sheets each

Knock Knock is an independent maker of clever gifts, books, and whatever else they can think up. Their mission is to bring humor, creativity, and smarts to everyday life. Knock Knock's crackerjack in-house team creates products and develops books from the ground up as well as collaborating with outside authors, bloggers, and other creative types. Whether producing sticky notes or a volume of thoroughly researched nonfiction, Knock Knock happily dispenses irreverence, wordplay, and wit from its sunny perch in Venice, California, to folks around the globe. Say something more with #knockknockstuff.

Already used one of these pads and ordering another. I use this pad to organize my weekly dinners. Saturday morning I sit with my husband and plot the meals for the week. It's efficient and eliminates panic of what to make for supper!

This is a handy way to track what you are having for dinner as well as what to make for breakfast, lunch, and snacks. I used this pad for several weeks, tracked all my eating, and actually lost some weight. I highly encourage anyone with a busy lifestyle and kids going a million directions in a week to buy this product. You just need to sit down for 10 mins and plan a few dinners (including what to do with the leftovers already in your fridge), plan your breakfast foods, lunches, snacks, and then you are set for the week.

This is really helpful for me to keep our grocery budget and meal plan for the week. I do however wish there was a spot for a grocery list. I like to make a list of what's needed while I meal plan. Other than that, this is a really helpful tool! Also, I love that there's a magnet on this notepad to hang it on the fridge.

This is great for meal planning when you have a busy schedule. Balancing work, workouts, social outings and dinners is sometimes a hassle and this helps to eliminate some of the stress and thought in regards to dinners. I've bought this product before and will continue buying it because it is indeed very helpful when you are trying to eat right and keep a busy schedule.

This notepad is excellent for poor planners! It has really helped to plan out healthier meals and save

money at the grocery store by seeing what I need and how much to buy each trip. Our family uses this to plan our Weight Watcher Smart Point Meals and it has helped keep us organized and motivated to keep on track with our diets.

I love this pad. Use it every week for planning out meals. I keep a sticky pad on the fridge next to this pad for making my grocery list. Since I started using this meal plan pad, I have saved so much money! I only buy what I need at the grocery store and I never have to answer that annoying question from the kids "what's for dinner?" Because it's there for all to see!

Yes, yes, 1000 times yes to this pad. I waste less money on eating out and waste less money on buying too many things at the grocery store. Everyone can benefit from this. I'm not a day planner keeper, not a journaler and generally don't have much of a system of organization in my life. But this is actually a thing I use each day and every week. Plus, every time I sit down to meal plan I feel like an real adult.

I love these little knock knock pads. I was hesitant on buying this because it's a waste of paper, but after going through endless notebooks it really isn't in the hindsight of things. This notepad is perfect and flows perfectly with the rest of my kitchen. The magnet has held up so far on the fridge with no signs of giving out before I use the rest of the sheets.

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